



Everything you will ever experience has been experienced by a saint. Everything. Saints represent every race, come from every culture and time, they are male and female, young and old, rich and poor, practical and mystical. Wherever you are on your spiritual journey, the saints can offer you the encouragement and friendship you yearn for here and now. As we enter into November with the celebration of All Saints Day, may you always remember that you are not alone in your journey to God.

Here are 10 inspirations for your journey to become the best-version-of-yourself!

Inspiration from St. Augustine!

“Our hearts were made for You, O Lord, and they are restless until they rest in you.”  
–St. Augustine of Hippo

God wants you to dream!

What past regret or decision is preventing you from stepping into the bigger future God has planned for you? What’s the next right step to move past it?

Virtue in focus...

Justice is one of the four cardinal virtues. It is the constant and permanent determination to give everyone his or her rightful due; striving to protect every person’s rights. Who is the most just person you know? How can you grow in justice?

A burst of wisdom.

[Life-changing advice for becoming who you were made to be.](#)

Did you know...

As many as [9 million children](#) in America live in homes without enough food to feed each family member. What’s one way you can volunteer your time or resources to help alleviate suffering in your community?

For the young and young at heart...

God has a unique journey planned for you. [Here’s the key to living it.](#)

For those struggling to pray...

“Prayer is the raising of the mind to God. We must always remember this. The actual words matter less.”  
Pope St. John XXIII, Taken from [Franciscan Wisdom](#)

We become the books we read...

Is drinking alcohol a sin? Do Christians have assurance of salvation? Is the rosary a biblical prayer? Dive into an investigation of Scripture with Patrick Madrid in his insightful book *Does the Bible Really Say That?* [Get it free here!](#)

Feed Your Soul

Take your Sunday experience to the next level with this 5-minute reflection on [this Sunday’s Gospel.](#)

Let’s Pray!

O Lord my God,  
Teach my heart this day where and how to see you,  
Where and how to find you.  
You have made me and remade me,  
And you have bestowed on me  
All the good things I possess,  
And still I do not know you.  
I have not yet done that  
For which I was made.  
Teach me to seek you,  
For I cannot seek you  
Unless you teach me,  
Or find you  
Unless you show yourself to me.  
Let me seek you in my desire,  
Let me desire you in my seeking.  
Let me find you by loving you,  
Let me love you when I find you.  
–St. Anselm

For more information on this email and our partnership with Dynamic Catholic [check out this video.](#)