



From Your Parish

November 2021

We are capable of so much more than we think. You have no idea what you are capable of. None of us do. God is constantly trying to open our eyes to the amazing possibilities that he has enfolded in our being. No one shows us how to explore those possibilities more clearly than the saints. As November begins with All Saints Day, may their example inspire us to realize our God-given potential!

Here are 10 invitations to start living the life you were made for!

Inspiration from Saint Catherine of Sienna!

“Be who God meant you to be and you will set the world on fire.”

God wants you to dream!

How do your best days begin, and what’s keeping you from beginning each day in that way?

Virtue in focus.

Generosity is going beyond your own selfishness to give of your time, talent, and treasure to benefit others. Who is the most generous person you know? Are generous people happier? How can you be more generous?

A burst of wisdom!

[Change your life in one minute.](#)

Use your voice.

Over 90,000 Catholics have taken the Annual Catholic Survey! Become part of the largest survey of Catholics ever in less than a minute. Answer 10 crucial questions [here](#).

For the young and young at heart...

[The key to living your life boldly for God.](#)

For the busy, distracted, or unfocused...

“Choose a simple activity you do every day, such as brushing your teeth or making breakfast. Intentionally pay attention to this activity every day for a week with your five physical senses engaged... just focus on what is happening in the moment. Your mind will wander off to start thinking about something else—as soon as you recognize that this has happened, gently turn your attention back to some physical aspect of the behavior.” —Dr. Gregory Bottaro taken from [The Mindful Catholic](#)

We become the books we read...

We all know someone—a parent, sibling, aunt or uncle, coworker, grandparent, child, neighbor, or friend—who has either left the Church or never discovered it. Let [this FREE book](#) show you how to nudge them toward new faith!

Feed Your Soul!

Take your Sunday experience to the next level with [this 5-minute reflection](#) on this Sunday’s Gospel.

Let’s Pray!

Lord, Help us to realize that the saints were ordinary people who made themselves available to you. Give us the courage to make ourselves completely available to you, so that together we can collaborate in whatever ways you envision. Amen. —Prayer from [Rediscover the Saints](#)

For more information on this email and our partnership with Dynamic Catholic [check out this video.](#)